



# “Digitalizing Death”

(The Impact of social media on the grief process in adolescent)

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# Adolescent Grief

- ❖ Normal mourning involves accepting the loss, withdrawing libidinal investment & reorganizing the internal world
- ❖ Grief is not only loss of an object but often the loss of a part of the adolescent self





# Using Social Media as a Grieving Tool

- ❖ Once mourning rituals are over, it is expected that individuals return to “normal” life by going back to work, doing regular tasks, and essentially acting as if nothing has changed
- ❖ social media has become a community for grievers that transcends time and space

# Grief Across Networks

**Audiencing Grief on Social Media**

**Fear of Loss of the Digital**

**Physical and Digital Crossovers**

**Constructing Digital Memories**

**Attempting Contact with the Dead**

**Digital Survivor Advocacy**



# Downsides to Grieving in Social Media



- ❖ **Grief Hypejacking**
- ❖ **bereaved individual is not able to completely control the flow of information about the deceased**
- ❖ **competition among those who were equally close to the deceased regarding “who loved the deceased more”**
- ❖ **“unintentionally prolonged grief” for the bereaved Because of continued communication with the deceased**



دري به زمستان باز کن  
تا سپیدی برف ها  
به ما امید زنده ماندن بدهد  
ما گرما نمی خواهیم  
ما امید می خواهیم