





Virtual Reality and the Psyche:

Some Psychoanalytic Approaches to media Addiction

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The search for self(ie)

- **Changing time**
- **Spaces in between**
- **Nuclear families and the effects of isolation**
- **Mirroring, reverie and social media**
- **Digital time zones: an intolerable wait**
- **A never-ending stream of content**

Changing time



Spaces in between



Nuclear families and the effects of isolation



Mirroring, reverie and social media



Digital time zones: an intolerable wait



A never-ending stream of content



Conclusion



