



***Psychoanalytic reflections on the  
clinical treatment of patients with  
somatic or painful condition***

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# The Body-Mind Matrix

- How does each of us become a "person", distinct from all other persons (or an individual)?
- Mother Universe (Breast Universe)
- One body fantasy
  - There is only one body and one mind for two people.
- Separation-individuation
- Self-object concept

- **The attachment perspective on mentalization and the mind-body conundrum:**
  - The “*speaking body*”

# MENTALIZATION

- **Imaginatively perceiving and interpreting behavior of one self and others as conjoined with intentional mental states, *holding mind in mind***



# MENTALIZATION

- **Mentalization is the intrapsychic capacity that contains and transforms bodily experiences**
- **Speaking Body**



از توجه شما سپاس گزارم

