# **COGNITIVE DEVELOPMENT**

#### Dr Anahita Karamooz Child and Adolescent Psychiatrist

April 2024

## Cognition

- Ability of knowing
- Making and using of knowledge
- Attentiveness/information processing/intuition/memory/skill,...
- Develop from infancy to adulthood

#### Development

3

Sequential increase in structural and functional complexity of a system



<u>Scientists</u>: Cognition to be any instance of a mental operation that display intentionality

- <u>Piaget</u>: Cognition organizes and channels the psychological energy generated by affect as a car engine
- <u>Some</u>: cognitive development as the increasing speed and sophistication of mental activity independent of knowledge

4 Other believe that content of knowledge determine cognitive development

#### **Six theories**

5

#### 4 Piaget

4 Contextualist or socio cultural (Vygotsky)

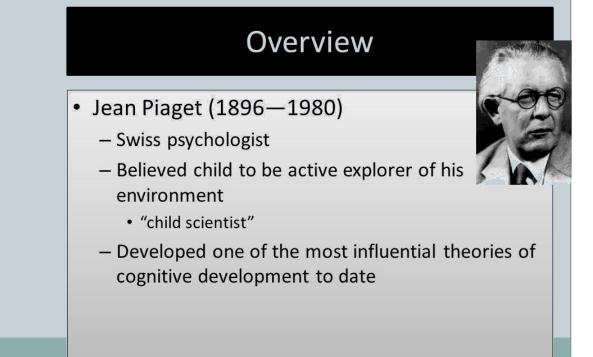
- Information processing
- 4 Neo Piagetian
- **4** Knowledge based
- 4 psychometric

# Jean piaget

4 He proposed that logic was the basis of all cognitive structure.

4 Humans are innately predisposed to organize whatever is taken in by

the nervous system.



#### **Piaget s stage sequence of development**

- **4** The sensorimotor stage (birth through 18 to 24 M):
- The infant's first strategies for organizing her or his experience are such innate reflexes as grasping and rooting.
- During this stage, the infant transforms her or his reflexes into self-generated schemes of action.
- However, sensorimotor cognition is still nonrepresentational; it can only operate on an environment that is immediately apprehended by the senses and the motor system.

### The sensorimotor stage (birth through 18 to 24 M):

- 4 By the end of this stage, the development of mental representations permits the transition from a physical to a psychological basis for thought.
- Primary circular reaction
- Secondary circular reaction
- **4** Tertiary circular reaction
- **4** Symbolic or semiotic function



# 6 Subcategories of Sensorimotor Stage

- Substage 1 (0 1 1/2 months)
  - Reflex Schemas
- Substage 2 (1 1/2 4 months)
  - Primary Circular Reactions
- Substage 3 (4 8 months)
  - Secondary Circular Reactions
- Substage 4 (8 12 months)
  - Coordinated Secondary Circular Reactions
- Substage 5 (12 18 months)
  - Tertiary Circular Reactions
- Substage 6 (18 24 months)
  - Beginnings of Symbolic Representation





#### The Preoperational Stage (2 Through 5 to 7 Years)

4 Achievement of the symbolic function ushers in the preoperational period that

is representational but not yet logical.

Object Permanence and Centration

**↓**Egocentrism



#### **The Concrete Operational Stage: 6 to 11 Years**

- **4** Classification
- **4** Seriation
- **4** Conservation

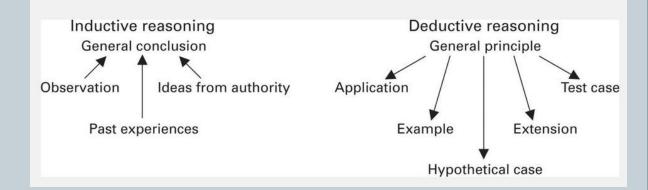
| Type of      | Initial                      |  |
|--------------|------------------------------|--|
| Conservation | Presentation                 | Transformation                             |
| Volume       | Two equal glasses of liquid. | Pour one into a taller,<br>narrower glass. |
|              |                              |  |
| Number       | Two equal lines of checkers. | Increase spacing of checkers in one line.  |
|              | 888888                       | 999999                                     |
|              | 888888                       | 888888                                     |
| Matter       | Two equal balls of clay.     | Squeeze one ball into a long, thin shape.  |
|              |                              | 6 acres                                    |
| Length       | Two sticks of equal length.  | Move one stick.                            |
|              |                              |  |

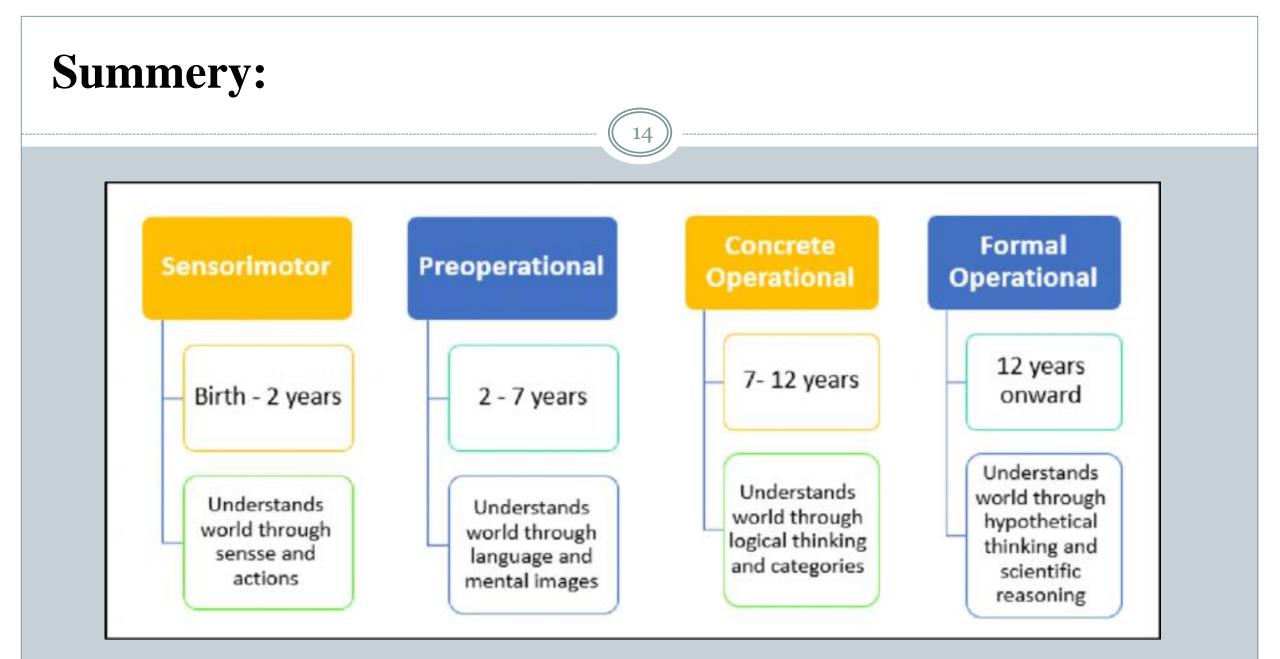
### **The Formal Operational Stage (11 Years to Adulthood)**

13

- Empirico -deductive reasoning
- Hypothetico-deductive reasoning

#### Hypothetical-Deductive Reasoning





### **Vygotsky: The Contextualist Approach**

Cognitive development in three domains:

- Genetic domains—phylogenesis (evolution)
- 🛯 Cultural history
- Ontogenesis (individual development)

#### Vygotsky's Big 4 Ideas

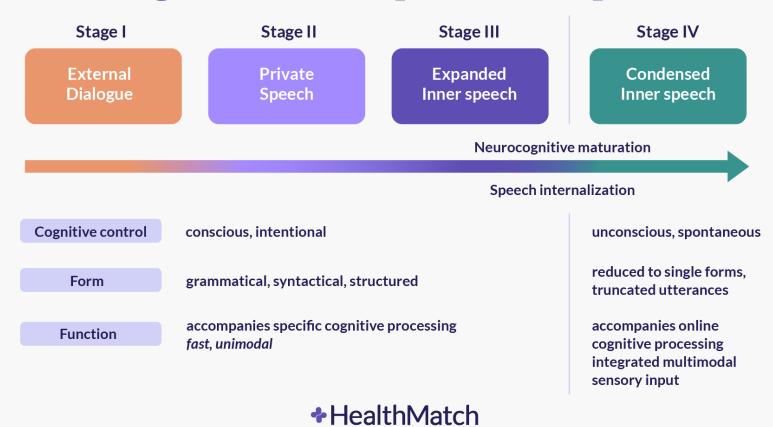
- 1. People learn best if their learning is guided by a "<u>more knowledgeable other</u>." (They don't learn as well without guidance.)
- 2. People learn best if they are given challenging tasks that gradually get harder (as long as they have enough guidance during the task.) <u>ZPD</u> idea.
- 3. Language is really important --<u>Language guides</u> <u>learning</u> because thoughts are in the form of internal language.
- 4. <u>Culture is a learning tool</u> because a person's culture helps teachers know how to make learning content and delivery culturally meaningful.



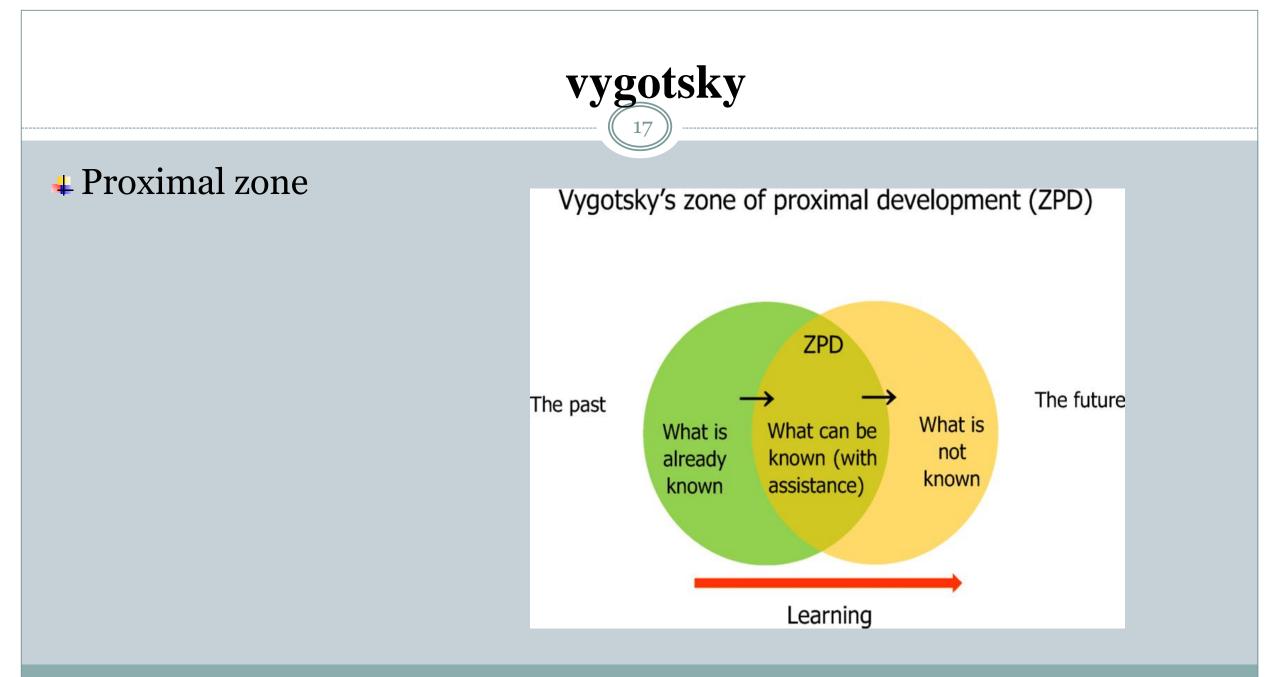
Lev Vygotsky, 1896-1934

# vygotsky

Social speechInner speech



#### **Stages of Internal Speech Development**



#### **The Information-processing Approach**

- **4** The Child's Mind as a Computational Device
- Information-processing theory is not tied to the work of a single pioneer investigator, so it is not as unitary as Piaget's or Vygotsky's.
- Focus on the information that children represent, the processes that they use to transform the information, and the memory limits that constrain the amount of information they can represent and process.

### **The Information-processing Approach**

The mind is seen to be, essentially, a problem-solving device, and cognitive scientists have constructed computer-based cognitive architectures to model human thought.

# Computational Transformation: Data, Information, and Knowledge

A DATA are simply "facts without context in a form . . . that can be entered into a computer.

4 Once entered, Human organization and interpretation give data <u>context</u> and <u>meaning</u>, producing <u>information</u>.

# Computational Transformation: Data, Information, and Knowledge

- If information may be distinguished from data by meaning, <u>knowledge</u> may be distinguished from information by <u>longevity</u> and <u>purpose</u>.
- Knowledge is the "representation of facts (including generalizations) and concepts organized for future use, including problem-solving"
  In summary, the transition from data to knowledge involves increasing <u>contextualization</u> and more <u>sophisticated</u> rules of application.

#### **Cognitive Architecture**

22

4 Must be able to transform input into an internal representation it can operate on; that is, to encode.

It must be able to hold new information "on screen" for appraisal and transform it into knowledge by connecting it with <u>prior knowledge</u>, in addition to the storage capacity to keep the new knowledge for future use. By analogy, in order to learn, children must first be able to transform data into information by encoding them as mental representations.

### **Cognitive Architecture**

Children then must hold the representation in active memory while retrieving relevant knowledge from their accumulated store.
The new information is brought together with existing knowledge, and if it is deemed important to the ongoing life of the child, the information will be stored with related.

# **The Classical Processing Model**

- The Magical Number Seven Plus or Minus Two: Some Limits on Our Capacity to Process Information.
- For example, it would be too difficult for most people to repeat back the 13 digit series **7472462121945** without a strategy. However, if one associated 747 with the aircraft, 246 with the first three even numbers, 212 as the boiling point of water in 8°F, and 1945 as the end of World War II, the original 13 units become 4 and the task is manageable.

# **The Classical Processing Model**

25

- Immediate Memory as the locus of information processing and proposed chunking to be the principal strategy for increasing available processing space.
- 4 Chunks are aggregates of related facts, concepts, or percepts. Chunks become larger and more complex with <u>experience</u> and are often hierarchically integrated, one inside another, like <u>Russian dolls</u>, so as to take up less processing space.
- **4 Development** may be seen as the increasing capacity of "immediate" or short-term memory—now refined and expanded as **working memory**.
- 4 If so, is this owing to biological maturation or increasingly effective and sophisticated strategies to chunk information?
- 4 Clearly, one's general knowledge base and specific knowledge of memory strategies influence this capacity.

### **The Development of Processing Capacity**

26

- 4 Development in IP models is toward faster processing and greater organizational complexity of cognitive architecture.
- A cognitively mature person can manage more information per unit of time and deal better with complex and ambiguous information than an immature one.
- Infants cannot handle complex information as well as older children because they would have to "attend to and interrelate more pieces of information than their working memory capacities can handle".

