ADHD treatment in SUDs

```
دکتر پریسا پاکدل
روانپزشک کودک و نوجوان
تیر ۱۴۰۰
```

ADHD and SUD

*ADHD is a risk factor for substance misuse and SUD in adolescence and early adulthood.

- *ADHD plays a role in the origin and the development of addictive behavior and the presence of SUDs.
- *untreated ADHD negatively influences SUD treatment outcomes.

prevalence

*15%adolescents and young adults ADHD have SUD

*11%individuals SUD have ADHD

*23% SUD :Adult ADHD

Relationship ADHD & SUD

Impulsivity

Poor judgment

Executive function deficits

Dopamine transmission deficit

ADHD -SUD:

- *More complex and chronic patterns of substance use
- *More poly substance use
- *Greater psychiatric comorbidity
- *More difficulties remaining abstinent
- *Lower effectiveness of standard dose
- pharmacotherapy ADHD

ADHD medication in patients with comorbid ADHD and SUD:

*improve ADHD symptomatology

*positively influence addiction outcome

Effective treatment

- *stabilize ADHD symptoms
- *Making patients more stable and more amenable to treatment.
- *remain abstinent: by improving their cognitive control and by reducing their impulsivity and restlessness.

explanations of diminished medication efficacy

- *Incorrect ADHD Diagnosis
- *ADHD severity
- *The Influence of Psychiatric Comorbidity
- *The Type of Substance Use
- *The Influence of Previous Drug Use
- *The Influence of Persistent Drug Use

** methylphenidate

(immediate release and sustained release)

*immediate release :risk of abuse &adherence problem

*sustained release &long acting: improving adherence and for

minimizing the risk of diversion and abuse.

*MPH:30mg/three times daily

*MPH(OROS)72MG/d

*MPH SR:20-40mg twice in day

*MPH(OROS):180 mg/d

Concerta

**Lisdexamfetamine(Vyvanse)

a pro drug, consisting of dexamphetamine and the amino acid lysine

70mg/d

ADHD patients needing dosages higher than standard (stimulants)to achieve symptom remission.

Dysregulation of brain dopamine neurotransmission, due to adaptation from chronic psychoactive drug use.

- *Close monitoring of dosage
- *Good working relationship with the patient
- *patients need to be selected carefully since stimulant
- *medications can produce cardiovascular and psychiatric adverse

effects.

Atomoxetine

lack of abuse potential

in patients with greater risk of medication abuse.

alcohol use disorder

cannabis &marijuana-dependent participants

Well tolerated

Safe cardiovascular profile

Atomoxetine

Mild appetite decrease

GI symptoms

Rare side effects: hepatotoxocity, Increase in suicidal thought

once-twice daily dosage

0.5 mg/kg 2weeks to 1.2-1.4 mg/kg

100mg/day,6weeks

**Bupropion 400mg/d in opioid-addicted patients in methadone maintenance therapy

**Pemoline

**Guanfaicine

pshychotherapy

- **CBT
- *help to decrease the functional impairments of ADHD
- *organizing
- *Planning
- *managing avoidance
- *decreasing dysfunctional thoughts and cognitions
- **Motivational interview
- **Family therapy