

اختلال بیش‌فعالی و نقص توجه در کودک و نوجوانان

تشخیص افتراقی

دکتر مریم کوشا

فوق تخصص روانپزشکی کودک و نوجوانان

دانشگاه علوم پزشکی گیلان

- ADHD is a diagnosis made by history and report of behaviors
- Some other disorders can mimic this behaviors



Chaotic home

- **Share symptoms:** hyperactivity
- Reaction of child to the situation
- **Differentiation:** history and onset of symptoms

Temperamental

- **Share symptoms:** hyperactivity and inattention
- **Differentiation:** impairment



Anxiety disorder

- **Share symptoms:** overactivity, restlessness

inattention or easy distractibility



- **Differentiation:** worries, phobias, obsession,

stress induced onset, physiologic symptoms

Depression

- **Share symptoms:** impaired concentration low, self-esteem social isolation
- **Differentiation:** depressed mood, guilt feeling suicidal Ideation, anorexia, weight loss, fatigue



Mania

- **Share symptoms:** hyperactivity, restlessness
irritability, Impulsivity , logorrhea, distraction
- **Differentiation:** FH of mood disorder ,
waxing and waning of mood, onset euphoria,
grandiosity, appetite and weight change
judgment

ODD, CD

- **Share symptoms:** don't do the tasks and responsibilities
- **Differentiation:** negativity, hostility, defiance

LD

- **Share symptoms:** don't do the assignments
- **Differentiation:** impairment only in academic work, hyperactivity, Impulsivity



ASD

- **Share symptoms:** hyperactivity, inattention
difficult in manage behaviors, social
dysfunction
- **Differentiation:** purposeless hyperactivity,
stereotypic behavior, social disengagement,
communication problems

ID

- **Share symptoms:** inattention to the tasks
- **Differentiation:** non academic tasks,
hyperactivity, impulsivity

Psychosis

- **Share symptoms:** restlessness, inattention
- **Differentiation:** only during the course of psychosis
Delusion, poverty of thought, hallucination, rare in childhood

Intermittent explosive disorder

- **Share symptoms:** impulsivity
- **Differentiation:** no serious aggression in ADHD
- Inattention , rare in childhood



DMDD

- **Share symptoms:** irritability, low tolerance to frustration
- **Differentiation:** impulsivity, inattention

SUD

- **Share symptoms:** restlessness, inattention
- **Differentiation:** onset

Personality Disorder

- **Share symptoms:** disorganization , emotion dysregulation, social intrusiveness , cognitive dysregulation (Borderline and Narcissistic)
- **Differentiation:** self-injury, ambivalence , fear of abandonment , rare in childhood

Medical induced symptoms

- **Share symptoms:** restlessness
- **Medication:** bronchodilators, Anticonvulsant neuroleptics, thyroid hormones
- **Differentiation:** History, onset

